



FOR IMMEDIATE RELEASE

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Couple plans to run a marathon and marry on the same day

KANSAS CITY, MO (September 9, 2013) – Have you ever thought to yourself ‘I want to run a marathon the morning of my wedding.’ No? Well John Fritch and Shelley Fehrenbach are going to do just that on Saturday, October 19. That’s right, John and Shelley have registered for the Waddell & Reed Kansas City Marathon with Ivy Funds and plan to be married that night.

“Almost everyone tries to maintain a polite smile when they hear about our plans to run a marathon on our wedding day, but it’s obvious most people think we are nuts,” said Shelley. “We’ve had many people try to talk us out of doing the full, but marathoning is what we do. We love it.”

John and Shelley started dating the summer of 2012 when a mutual friend suggested they would be a great couple. They were long-time acquaintances and attended the same high school but really didn’t know each other. That summer Shelley was training for her first full marathon, which was supposed to be the Route 66 Marathon in November, but decided to run an earlier race. After a little research she found the Waddell & Reed KC Marathon. John decided to join Shelley for the marathon after logging only six weeks of training.

“After that (KC Marathon) we got hooked on running marathons and on each other,” said Shelley.

Date nights became carbo loading on Friday night before a long training run on the weekend with the Oklahoma City Landrunners organization. That’s right, John and Shelley are from Oklahoma City. So besides getting married the same day they both will run a marathon, they also decided to head out-of-town to get married.

“We decided it was only fitting to get married right where everything started – in Kansas City and on the same weekend a year later,” said Shelley. “We both loved Kansas City and it was close enough for our guests to get to, but still felt kind of like a destination for us, too.” To read the rest of the story go www.kcmarathon.org and click on Stories from the Sole in the Media section.

Volunteers needed – Over 1,800 volunteers help with the success of the Waddell & Reed Kansas City Marathon with Ivy Funds. Volunteers are needed for various volunteer job opportunities including packet pickup and registration, course monitors, finish line food area, recycling team and more. Individuals who register to volunteer will receive a long-sleeve event T-shirt along with free food and drinks at the Finish Line Festival as well as free entries into prize raffles. For more information about volunteering including our group grant program for nonprofit organizations, contact the volunteer coordinator at volunteer@kcmarathon.org or go to the website at KCmarathon.org.

About The Kansas City Sports Commission and Foundation

The Kansas City Sports Commission & Foundation benefits the Kansas City region through sports by creating, attracting and managing major sporting events for Kansas City. And, promote the lifetime benefits of sports for youth through educational initiatives, tournaments and clinics.

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