



FOR IMMEDIATE RELEASE

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## **Pilgrims vs. Turkeys compete at 26<sup>th</sup> Annual Thanksgiving Day 5K Run**

KANSAS CITY, MO (September 28, 2015) –It’s a battle of the pilgrims and the turkeys at the 26<sup>th</sup> annual Thanksgiving Day 5K & Family Stroll held at the Sprint Campus in Overland Park. The new course will roll through the Sprint Campus and nearby neighborhood and features a Krispy Kreme Doughnut Aid Station.

“Many families join us on Thanksgiving to participate in or volunteer for the race before they sit down for dinner. It’s a great event for the entire family,” said Kathy Nelson, Kansas City Sports Commission President and CEO.

New for 2015, to celebrate Krispy Kreme Doughnut’s 78<sup>th</sup> anniversary, Krispy Kreme will be sponsoring an aid station along the course where volunteers will be handing out glazed doughnuts to the participants. Each participant will also receive a Silipint half pint cup. These cups are made of 100% food-grade silicone, are BPA free, unbreakable, microwave safe, dishwasher safe, freezer safe, and can insulate hot and cold beverages.

“It is a lot of fun to see the many families year after year who have included this event as a Thanksgiving Day family tradition,” said Sarah Dee, Events Department Director. “We appreciate everyone who spends Thanksgiving morning with us.”

Participants will receive a print-on-demand long-sleeve T-shirt and participants will be randomly assigned to either Team Pilgrim or Team Turkey. The teams will compete against each other and the team that finishes with the best overall time will have bragging rights for a year. Walkers and strollers are welcome at this family-friendly event. Registration discounts are available for Sprint Employees as well as for teams of four or more. [Click here for event information.](#)

Kids can register for the 5K and be automatically eligible to participate in the Tom Murphy Fun Run for Kids, which is in memory of Tom Murphy, former Sprint associate and who was an integral member of the KC Sports Commission Board. The fun run will begin at approximately 10:30 a.m. and each child will receive a bag of goodies.

Donations will again be accepted for Catholic Charities of Kansas City – St. Joseph to assist the Greater Kansas City area during the holiday season. [Click here](#) for more information about the Catholic Charities Drive.

Sprint, the official communications partner of the Kansas City Sports Commission and WIN for KC, has been a strong supporter of the Thanksgiving Day 5K and Family Stroll for over 20 years, in addition to all Sports Commission and WIN for KC events throughout the year.

Volunteers are needed for the day of the race and during packet pickup. There are several shifts for selection and multiple shifts can be selected by one individual. Volunteer online registration is open. [Click here for volunteer registration.](#)

### **About The Kansas City Sports Commission and Foundation**

The Kansas City Sports Commission & Foundation benefits the Kansas City region through sports by creating, attracting and managing major sporting events for Kansas City. And, promote the lifetime benefits of sports for youth through educational initiatives, tournaments and clinics.

### **About WIN for KC**

The Women’s Intersport Network for Kansas City (WIN for KC), was established in 1994 with the mission to empower girls and women through advocating and promoting the lifetime value of sports and fitness, while providing opportunities for participation and leadership development. WIN is a volunteer, membership-driven organization that operates as a program under the umbrella of the Kansas City Sports Commission and Foundation.

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