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## Waddell & Reed Kansas City Marathon is Double the fun for the Cotter Twins

KANSAS CITY, MO (September 15, 2015) – Identical twins David and Thomas Cotter have been running together for almost 20 years, ever since they started tagging along with their Dad on his daily runs at the age of eight. They would do a walk/jog most of the route, which gave their Dad time to run ahead, circle back and check on them. In fact, when they were infants and toddlers, their Dad took the boys on his runs in a double stroller. As they grew, the double stroller was replaced by bikes.

While in grade school, the Cotter boys participated on the Catholic Youth Organization track and field program where they ran different races so they could rack up as many first place ribbons as possible. The only time they ran together was on a relay team so they could push each other.

"My goal since we were little wasn't to try and beat my brother, my goal was that we would both do equally as well," said David. "It is never a competitive thing, it is not wanting to let the other down."

Their parents instilled in them the importance of a healthy lifestyle and running became part of that lifestyle. But it isn't just the Cotter Boys and their Dad who run. Older sisters Alison and Katie both ran cross country in high school and Alison's team won State Cross Country her senior year. David and Thomas both ran cross country and track in high school and college.

This year they are registered for the Waddell & Reed Kansas City Marathon with Ivy Funds. This will be their fifth full marathon where they hope to keep an 8-8:30 minute mile. David has run all his full marathons at the Kansas City Marathon and Thomas recently ran the Des Moines Marathon leaving David to run the KC Marathon alone one year.

Growing up around 73<sup>rd</sup> and Ward Parkway in Kansas City, the Cotters lived along a large portion of the Kansas City Marathon route, which David says they considered their "home course." They used to run countless miles down Ward Parkway, around the Country Club Plaza and into the Waldo District. Now they live in different cities. Thomas lives in Des Moines where he coaches middle and high school cross country and track and David lives in Lee's Summit where he sometimes trains with his Dad, Kirby. Click here to read the rest of the story.

## About The Kansas City Sports Commission and Foundation

The Kansas City Sports Commission & Foundation benefits the Kansas City region through sports by creating, attracting and managing major sporting events for Kansas City and promotes the lifetime benefits of sports for youth through educational initiatives, tournaments and clinics. For the latest on Kansas City Sports Commission news, follow on <a href="Twitter">Twitter</a>, <a href="Facebook">Facebook</a> Instagram</a> and <a href="YouTube">YouTube</a>. Also follow the Waddell & Reed Kansas City Marathon on <a href="Twitter">Twitter</a>, <a href="Facebook">Facebook</a> and <a href="Instagram">Instagram</a>.

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